

Communicating Rapid HIV Test Results and HIV Counseling in the Context of Rapid HIV Testing

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Components of HIV Counseling and Testing - I

- **Provision of information and informed consent**
- **HIV prevention counseling**

Components of HIV Counseling and Testing - II

- Provision of information and informed consent
- Test
- Provision of test results
- HIV prevention counseling
- Risk screening

Provision of Information and Informed Consent (All Tests)

- Applies to all clients
- Information about the test
 - Risks for transmission and methods for preventing transmission
 - Meaning of test results
 - Resources for further information, HIV prevention counseling, and other services
- Informed consent

Provision of Information and Informed Consent (Rapid Tests)

- **Screening test results available same visit**
- **Importance of confirmatory testing for reactive (preliminary positive) rapid tests**

Provision of Rapid Test Results

- **Negative rapid test**
 - **No recent exposure:**
 - Definitive negative
 - **Possible recent exposure:**
 - Recommend re-test
 - Advise precautions to avoid transmission

Provision of Rapid Test Results

- **Reactive (preliminary positive) rapid test**
 - Explain meaning of reactive screening test in simple terms
 - Emphasize importance of confirmatory testing → schedule appointment for confirmatory test results
 - Advise precautions to avoid transmission

Provision of Rapid Test Results

- **Reactive (preliminary positive) rapid test**
 - **Simple message**
 - Screening test is positive
 - This is a preliminary result
 - Will not know for sure until confirmatory results available
 - Take precautions to avoid transmitting the virus

Components of HIV Counseling and Testing

- Provision of information and informed consent
- Test
- Provision of test results
- HIV prevention counseling
- Risk screening

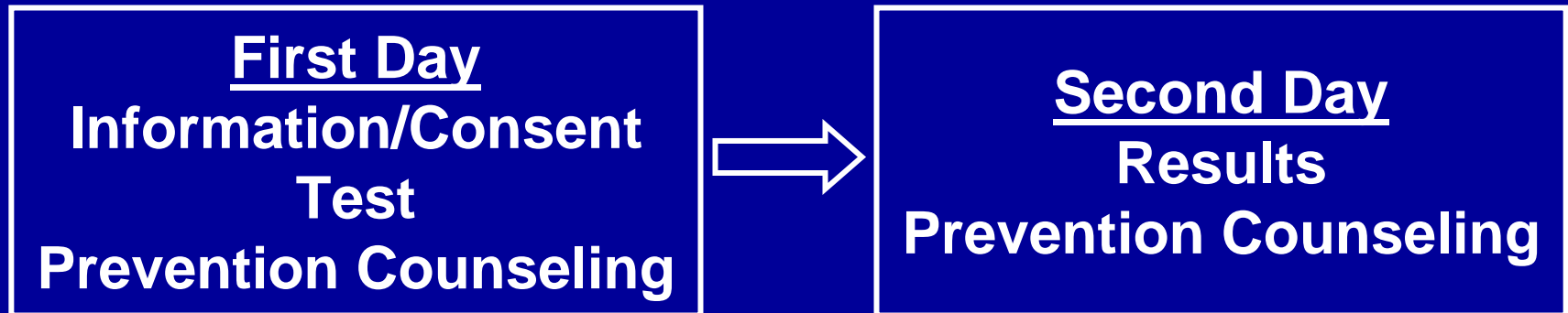
HIV Prevention Counseling

- **Risk reduction counseling → behavior change**
- **In-depth risk assessment → personal risk**
- **Negotiate specific, realistic risk-reduction goal**
- **Trained, skilled counselors**

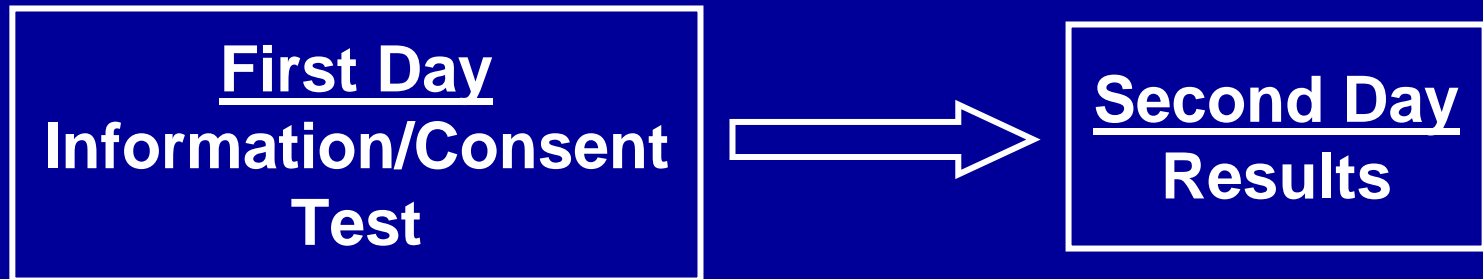
Risk Screening

- **Brief evaluation of factors associated with HIV transmission**
 - Behaviors
 - Clinical factors
- **Intended to identify possible risk**
- **Not aimed at behavior change**

Standard EIA (1994 Guidelines)



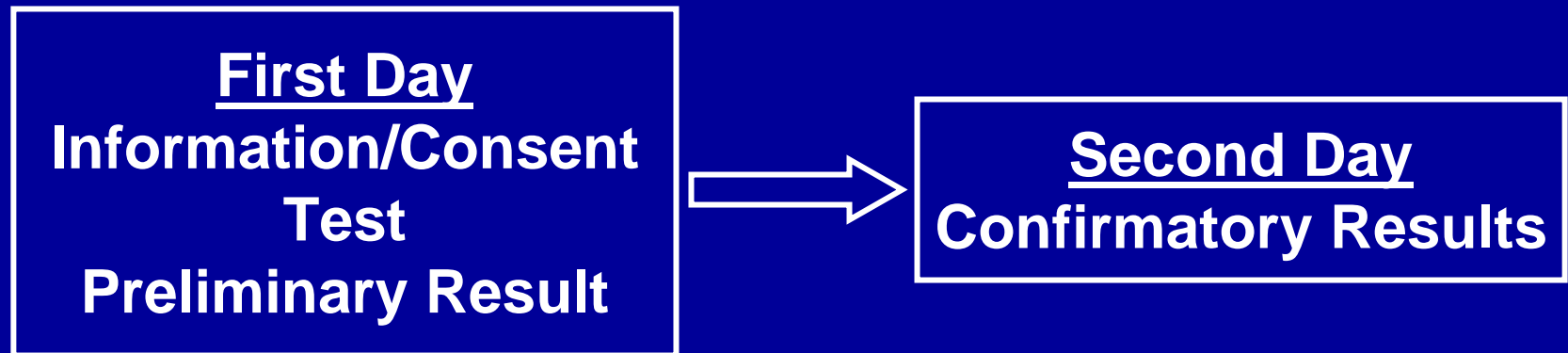
Standard EIA (Revised Guidelines)



Rapid Test, Negative Result

First Day
Information/Consent
Test
Results

Rapid Test, Reactive (Preliminary Positive) Result



Summary

- **Communicating the results of a reactive (preliminary positive) rapid test**
- **Prevention counseling for the client with a negative rapid test but high risk for infection**